



LUNEDI'	MARTEDI'	MERCOLEDI'	GIOVEDI'	VENERDI'
9.45 - 10.45 WELLBACK POSTURALE	9.30 - 10.45 HATHA YOGA STEFANIA	9.45-10.45 BODY TONIC LAURA	09.30 - 10.30 WELLBACK POSTURALE	
11.00 - 12.00 WELLBACK POSTURALE	11.30 - 12.30 WELLBACK POSTURALE	11.00 - 12.00 WELLBACK POSTURALE	11.00 - 12.00 WELLBACK PILATES LAURA	
13.00 - 14.00 WELLBACK POSTURALE		13.00 - 14.00 WELLBACK PILATES LAURA	13.00 - 14.00 QI GONG PAOLA	
		17.20 - 18.20 WELLBACK PILATES LAURA	17.30 - 18.30 QI GONG PAOLA	
18.45 - 19.45 PILATES ALESSANDRA	17.45 - 18.45 WELLBACK PILATES LAURA	18.30 - 19.30 WELLBACK POSTURALE	18.30 - 19.30 POSTURAL YOGA THERAPY LAURA	
	19.00 - 20.00 WELLBACK POSTURALE			
20.00 - 21.00 COUNTRY INT. PATRIZIA	20.15 - 21.15 BALLI DI GRUPPO BASE PATRIZIA	20.00 - 21.00 BODY TONIC STEFANIA	20.00 - 21.15 HATHA YOGA STEFANIA	20.00 - 21.00 BODY TONIC STEFANIA
21.00 - 22.00 CARAIBICO BASE PATRIZIA	21.15 - 22.15 COUNTRY BASE PATRIZIA			21.00 - 22.00 TANGO ARGENTINO LAURA E PAOLO